



Clinical Hyperbaric Oxygen

And

Low pressure Hyperbaric  
Therapy Services

**Concussions and sub-concussive impacts are issues that affect all sports. New research shows that head injuries are now more common in girls' soccer than boys' football. The concussion rate for girls' soccer is also increasing rapidly, and is now...three-fold higher than boys' soccer."**

**If there is a question, remove from playing or training any player with clear or suspected symptoms.**

**Untreated, these events can affect:**

- Physical symptoms such as coordination and headaches
- Emotional stability such as depression and anger
- Academic standing by affecting memory and concentration

**Unrecognized and untreated, the cumulative effects of these sub-concussive impacts can last a lifetime.**

**Hyperbaric Oxygen Therapy (HBOT) has been shown to successfully**

- Treat the effects of concussion
- Treat the accumulation of sub-concussive impacts
- Return to pre-injury activities faster

**Concussions should initially be treated within 24 hours of the episode to limit secondary effects and promote quicker healing.**

**For emergency, contact 514-233-6467**

**Island Hyperbaric Center is the only private clinic in eastern Canada with a clinical hyperbaric oxygen chamber. Its Certified Staff has over 25 years international clinical experience**

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